



Case Study - Simonside Primary School

Bringing Maths and English alive through Active Learning

An Uphill Challenge

Our children have faced an uphill challenge following lockdown which has impacted on their mental health, social skills, wellbeing and also their physical skills. After lockdown we noticed that children were not engaged or motivated in learning and lacked the physical ability to maintain any length of sporting activity.

Why Teach Active?

Teach Active provided a way of educating our children in a fun, meaningful way that also supported our children's 60 minutes daily exercise. It allowed teachers to provide the children with active, fun and engaging activities that supported our current curriculum planning while allowing the teachers to have access to a resource that was easy and ready to use.

Whole School Approach

Teach Active was introduced across the whole school with teachers being asked to trial the activities across Maths and English every few weeks.

Feedback from staff was positive and it was obvious from watching lessons how engaged all children were in their learning and how enthusiastic they were in the different activities.

Impact for Life Long Learning

Introducing Teach Active across the school has allowed us more opportunities to ensure that all pupils engage in 60 minutes activity a day whilst supporting their mental health and curriculum learning to consolidate prior and new concepts.

Teach active is something that we will be able to deliver and embed with in weekly lessons making it sustainable over longer periods of time.



It has been very easy to incorporate Teach Active into our curriculum, providing an effective way to encourage and implement further physical activity across the school day. The sessions are easy to use and clearly explained with resources identified.

Teach Active has contributed positively to our daily physical activity across school and is enjoyed by both children and staff. To do this with links to Maths and English only serves to enhance our curriculum offer.

Donna Scott, Headteacher

